

## Islington Play Association

The Children's Centre is run by the Islington Play Association (IPA), a charity that support, develop and promote play opportunities for children.



### Information, Advice, Guidance and Parenting Services.

For information, advice and guidance related to any children's or parenting services in Islington, contact **Sarah** on **0207 697 7330**

### Workshops

Paediatric First Aid

15<sup>th</sup> Feb 2-4 and repeated on 29.03.17

**0207 697 7330**

to book a space – Crèche available

### Family Information Service

**0207 619 6670**

Healthy Start Vitamins are now available at PPCC Mon / Fri 10-5 – Ask Sarah or Lisa

### Event for your Diary:

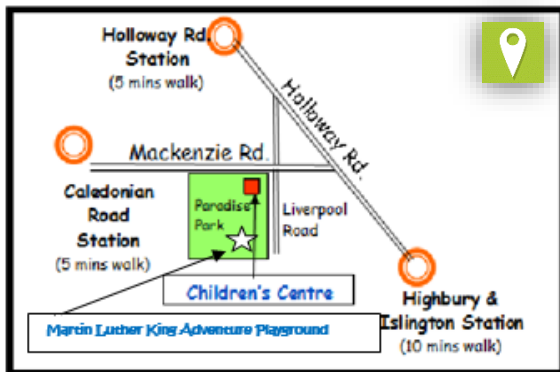
Holloway Cluster Advisory Board Meeting

**March 14th - PPCC**

A chance for parents to meet with heads of the children's centres and contribute their thoughts on the running of the centres. **ALL WELCOME.**

**Free Childcare for 2 year olds** – Did you know your child may be eligible for free part time childcare in Islington? Contact Kemi at PPCC

**164 Mackenzie Road, N7 8SE**



Victoria Line – Highbury & Islington

Piccadilly line – Holloway Road

271 43 263 153 393



# Paradise Park

## Childrens Centre

free family and children's services

Spring Programme: January – April 2017



Meet Lucy!  
Our new family support worker



**OPEN**

Monday – Friday  
9.00 – 5.00 (Nursery)  
8.00 - 6.00

### Training & Employment

**10.00-12.00** Do you want to get back into work or training? Get in touch and we will refer you to our family support team or google 'iwork' (Islington service)

### Events for your Diary:

Spring Open Day

Come along to this open day, where we introduce our services!

Date TBC

020 7697 7330



info@islingtonplay.org.uk

facebook.com/islingtonplay



@islingtonplay



**monday**

**tuesday**

**wednesday**

**thursday**

**friday**

**daily**

**Child Minders Stay and Play**  
10.00 – 12.00  
For child minders' only. No need to book. To support childminders with the early years foundation stage

**Parent and Baby Psychology Service**  
9 – 12.15

**Under 5's Stay and Play**  
10.00 – 12.00  
Stimulating play, advice and support for parents and their children up to 5 years – Toy library available throughout and at end of session, you can borrow fun toys.

**Little Leaps \*\***  
10.00 – 11.30  
5 week speech and language enrichment group.  
**Every Thursday Starting from 23<sup>rd</sup> February**  
10:00 – 11:15am  
**0207 697 7330** for enquiries and to book on

**Nursery Tours**  
**From 10.30**  
Weekly tours of the nursery. (Drop in).

**Café 9.00 – 17.00**  
Child friendly café serving healthy meals, snacks and drinks at affordable prices.

**Growing Together**  
9.00 – 15.00  
Offering interventions for families who are struggling. Supporting parents and children with emotional and behavioural difficulties.

**Under 18 months Stay and Play**  
10.00 – 12.00  
Helping new parents with early interaction and development. Come along and meet other parents and our team

**New Mum's drop in**  
drop in group for mums and their new babies (0-6 months) 10.30 – 12.00

**Well Baby Clinic Drop In**  
9.30 – 11.30  
Come along for baby weighing and to speak with our health visitors about your child's development and any concerns you may have.

**monthly**

**Housing Surgery**  
Housing advice; third Friday of every month – call Stella 0207 527 6343

**Family Support Surgery**  
**10-12**  
We have three family support workers who are able to help you access a range of services. They provide support & guidance on finding childcare, free 2 year old places, benefits advice, getting back to work and any other familial issues.  
**0207 697 7330**  
Ask to speak to a family support worker

**Snap Toy Library**  
(Supports home learning)  
12.00-13.00  
Helping new parents with Toys, DVD's, and books to borrow, including specialist toys to help with development in children with SEN

**ESOL entry Level 2/3 \*\***  
13.00 – 15.00 ESOL will improve your reading/writing/spoken English. Contact ESOL  
**0207 704 4500**

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**Midwives Clinic Antenatal AM/Postnatal PM**  
9.30 – 16.00  
appointments via midwife

**Holloway Ward Councillor Surgery**  
First Wednesday of every month. Cllr Rakhia Ismail 078066 80695

**Breastfeeding Support** 9.30 – 11.30  
Speak with **Alice**, our breastfeeding support worker, for advice on feeding your baby.

**Monthly Autism Workshop**  
Contact **0207 697 7330** for details

If you have a child on the **Social Communication** waiting list you can get advice from centre 404 @ Hungerford 9.30-12



**Midwives Clinic**  
13.00 – 16.00  
Appointments via midwife



**Baby Massage** 13.00 – 15.00  
4 week course with qualified teacher showing techniques of baby massage – book at 0207 697 7330

**Adult & Community Learning** with Islington Council.  
**Enrolment days** 7<sup>th</sup> & 8<sup>th</sup> September 9.30-4pm  
Arsenal Learning Centre, First Steps Learning Centre